



Editorial

Deconstruct yourself to reconstruct: Path to accomplish your dreams**K.J. Thankachan^{1*}**¹Principal, Christ Institute of Management, Rajkot, Gujarat, India.**Received:** 25-08-2025; **Accepted:** 15-09-2025; **Available Online:** 24-09-2025

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To reach your destination and fulfill your dreams, you must first be willing to deconstruct yourself — to break down the layers of who you think you are, what you’ve been told to be, and the patterns that no longer serve you. Only then can you reconstruct a stronger, truer version of yourself — aligned with your vision and purpose.

Deconstruct yourself means questioning your beliefs, habits, fears, and identity. It’s the act of peeling back the ego, past failures, childhood programming, and societal conditioning that have shaped your decisions — often subconsciously.

For example, imagine someone who grew up being told they’re “not creative.” They carry this label into adulthood, avoiding creative careers or passions. Deconstructing means asking: Who told me I’m not creative? Was it true? Or was it just a moment of failure or misunderstanding? Once they dismantle that false belief, they can begin to rebuild a new identity — perhaps as a designer, writer, or entrepreneur.

After deconstruction comes reconstruction — a deliberate rebuilding of habits, beliefs, and mindset. This means setting new goals, cultivating new skills, and surrounding yourself with environments that support growth.

Take the example of someone who wants to become a successful public speaker but has a deep fear of being judged. Deconstruction may involve understanding where that fear originated — maybe a humiliating moment in school or constant criticism at home. Reconstruction, then, is practicing in small groups, joining a speaking club like Toastmasters,

and reprogramming the mind to associate speaking with empowerment, not fear.

Your destination — your dream — demands a version of you that may not yet exist. You cannot build that version on a shaky foundation. Deconstructing yourself isn’t about destroying who you are; it’s about letting go of what’s false, outdated, or limiting. Reconstruction is about rising with clarity, courage, and authenticity. Only then can you walk the path to your dreams — not as an imposter, but as the person you were always meant to become.

Parable from the Gospel of John 12:24, the Parable of the Wheat Seed Decomposition. It teaches us that “unless a grain of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds.”

At first glance, this may seem a solemn metaphor. But in truth, it is deeply life-affirming. The parable is about transformation. The seed — full of potential — must let go of its original form in order to grow, flourish, and multiply. It must go through change, through discomfort, through death of the old, to give rise to something much greater: a harvest thirtyfold, sixtyfold, even a hundredfold.

All of us have dreams, aspirations, planned destinations to be reached, goals to be achieved, visions to be fulfilled. but finding difficulty to be achieved. Now this is the time to deconstruct yourself, decompose yourself. Then you will start to grow like the decomposed grain of wheat multifold.

God the Almighty is so loving and caring and helped you to searched out the most fertile land, Christ Institute of

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Management for your own decomposition to grow, flourish, and multiply.

Here, in this institution you will learn lessons to deconstruct yourself from comfort and certainty to reconstruct with purpose and resilience to achieve your destination.

...to deconstruct yourself from complacency, fear of failure, and self-doubt to reconstruct to achieve your destination."

...to deconstruct yourself from ego, assumptions, and resistance to change to reconstruct to achieve your destination."

...to deconstruct yourself from procrastination, narrow thinking, and over-dependence to reconstruct to achieve your destination."

...to deconstruct yourself from limiting beliefs, passive learning, and comfort zones to reconstruct to achieve your destination."

...to deconstruct yourself from distractions, entitlement, and superficial ambition to reconstruct to achieve your destination."

And that, dear students, is precisely the journey you now begin.

If you have chosen growth, you have chosen to leave behind the familiar, the comfort zone of what you already know, and to enter a space that will challenge you —

intellectually, emotionally, and spiritually. It is here, in the lecture halls, team discussions, fieldwork, and moments of quiet reflection, that you will undergo a powerful transformation. And like the seed, you too have the potential to yield not just personal success, but a harvest that serves others, that impacts society, that builds futures.

Leaders who can combine sharp analytical thinking with ethical decision-making.

Leaders who understand that management is not just about profits, but about purpose.

Over the coming weeks and months, you will be taught by dedicated faculty, exposed to industry leaders, and equipped with tools that sharpen your mind and deepen your resolve. But the real growth will come when you allow yourselves to be shaped — when you reflect deeply, act responsibly, and serve selflessly.

Let me urge you, then: do not fear the process of transformation. Be open to change. Be willing to unlearn. Be bold enough to challenge your own assumptions. Let this orientation be the first step in your journey of becoming — not just good managers, but great human beings.

Conflict of Interest

None.

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